Vacuum Stability in the Standard Model and Beyond

A guide for BSM Model Building

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September 4, 2025





Motivation: Current Situation

- Higgs boson discovered in 2012 with $m_h \approx 125$ GeV [ATLAS, CSM, 2012].
- This implies the electroweak vacuum is **metastable** [Buttazzo et al, 2012].
- Not a problem for our lifetime, but... why so close to **absolute stability**?
- Can Stability be excluded?
- Could this hint at new physics beyond the Standard Model (BSM)?

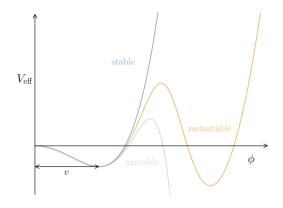
Outline:

- Stability in the SM (Updated results)
- BSM extensions to stabilise the potential

Higgs Potential: Classical vs Quantum

Classically:
$$V(\phi) = -\frac{1}{2}m^2\phi^2 + \frac{1}{4}\lambda\phi^4$$
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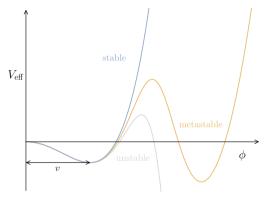
- Shape determined by m^2 and λ ; $m^2 > 0$ gives minimum at $\phi \neq 0$.
- stable if $\lambda > 0$.
- unstable if $\lambda < 0$.
- metastable state only possible with other couplings (e.g. φ³ term)
 → not present in SM



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Quantum corrections: λ becomes scale-dependent $\lambda(\mu)$ via RGEs.

 \Rightarrow Running λ can create an effective deeper minimum at large ϕ .

Beta Functions and Running of λ

• **Definition:** Beta functions describe how couplings (here g_i) change with the renormalization scale μ :

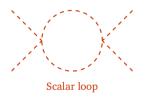
$$\beta_{g_i} \equiv \mu \frac{dg_i}{d\mu}$$

- β_{g_i} can be computed in perturbation theory
- Physical predictions are *independent* of μ , but couplings evolve with μ to ensure that independence.
- The β -functions give a set of coupled differential equations that can be solved to find how couplings evolve with the energy scale.

1-loop Contributions to β_{λ}

For the SM Higgs quartic coupling (1-loop schematic):

$$\beta_{\lambda} \approx \frac{1}{16\pi^2} \left(24\lambda^2 - 6y_t^4 + \dots \right) = \mu \frac{d\lambda}{d\mu}$$





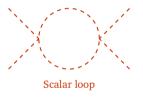
Top quark loop

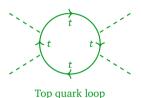
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 \Rightarrow Large y_t can possibly turn λ negative at high scales.

1. Experimental Inputs

- Higgs boson mass m_h
- Top-quark pole mass m_t
- QCD coupling $\alpha_s^{(5)}(m_Z)$
- Z-boson mass m_Z
- Fermi constant G_F
- Fine-structure constant α_e & hadronic shift $\Delta \alpha_e^{(5),had}$
- Lepton masses $m_{e,\mu,\tau}$
- $\overline{\text{MS}}$ light-quark masses: $m_b(m_b)$, $m_c(m_c)$, $m_{u,d,s}(2 \text{ GeV})$
- ⇒ Newest PDG central values.

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- Matching: ≥ 2-loop electroweak + 3-loop QCD [Martin, Patel, 2018]
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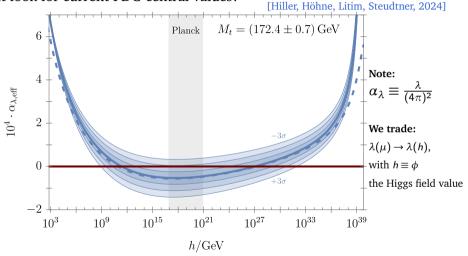
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4. Decay Rate for Metastability

Only absolute stability considered

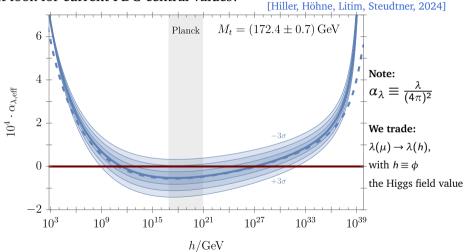
SM Renormalization Group Evolution

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 \Rightarrow The SM is metastable due to the sign-flip of $\lambda(\mu)$ at $\approx 10^{11}$ GeV.

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Uncertainty small

- Z-boson mass m_7
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- Higgs boson mass m_h Top-quark pole mass m_t QCD coupling $\alpha_s^{(5)}(m_Z)$ $m_h = 125.20(11) \, \text{GeV}$ $m_t = 172.40(70) \, \text{GeV}$ $\alpha_s^{(5)}(m_Z) = 0.1180(9)$

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7/11

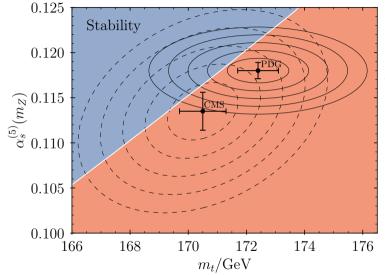
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Uncertainty small

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Impact of m_t and α_s on Stability



Updated results!

We are not far off from the critical boundary!

- Stability sensitive to m_t and α_s .
- The correlation is crucial.
- Stability is roughly 1.2σ away from current central values.

The Standard Model and Beyond

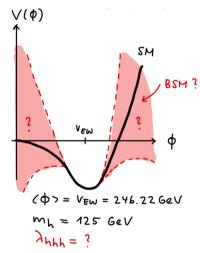
We still know fairly little about the Higgs potential! What we do know:

• Ground state of Higgs potential with $v_{EW} = 246.22$ GeV spontaneously breaks the EW symmetry:

$$SU(2)_L \times U(1)_Y \rightarrow U(1)_{EM}$$

• Higgs boson mass $m_h \approx 125$ GeV.

Taken from L. Biermann



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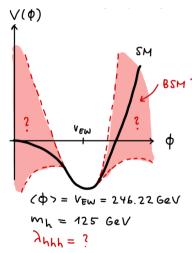
$$SU(2)_L \times U(1)_Y \to U(1)_{EM}$$

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Scalar sector is realized in nature!

- ⇒ Shape of the potential still unknown...
- \Rightarrow Need precise λ_{hhh} measurement.
- ⇒ BSM extensions of scalar sector could explain matter–antimatter asymmetry, dark matter, etc.

Taken from L. Biermann



Stabilising with a scalar portal

• Minimal extension: real scalar singlet *S* with coupling

$$\mathcal{L} \supset -\frac{1}{2}m_S^2 S^2 - \frac{v}{4}S^4 - \frac{\delta}{2}\phi^2 S^2.$$

• Portal coupling δ modifies β_{λ} positively (at 1-loop):

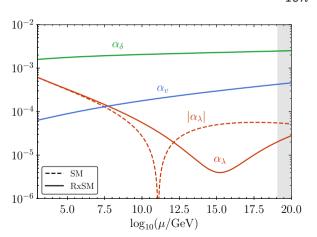
$$\Delta eta_{\lambda} \sim + \frac{1}{16\pi^2} 2\delta^2 + \dots$$

• Thus λ can be kept positive up to high scales if δ is large enough.

Stabilising with a scalar portal

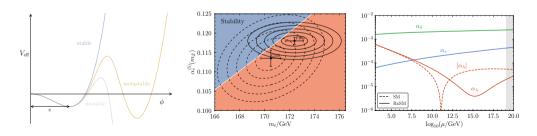
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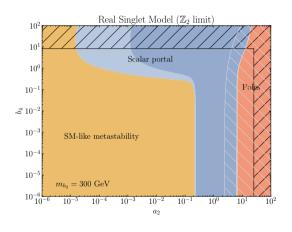
Summary / Take-home messages

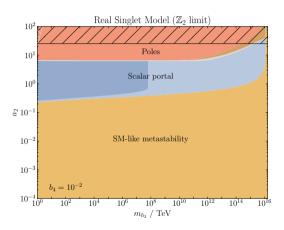
- The measured Higgs mass places the SM near a critical boundary: metastability.
- The fate of the vacuum is extremely sensitive to m_t and α_s and their correlation.
- Minimal BSM physics (e.g. scalar portal) can stabilise the potential and also offer links to DM and EW baryogenesis.
- Many open questions remain: why (near-)criticality? what does it tell us about UV physics?



Backup

Example: parameter space where stability is restored





Cosmological connections

- Scalar singlet can be a Dark Matter candidate (i.e. in a Complex Singlet Model).
- Modified scalar potential can allow a strong first-order EW phase transition (SFOEWPT) — relevant for electroweak baryogenesis.
- Can be probed by modified *hZZ*-coupling measurements, Higgs self-coupling measurements, and direct searches for *S*.

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