

Heavy Meson Lifetimes from Lattice QCD

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In collaboration with:

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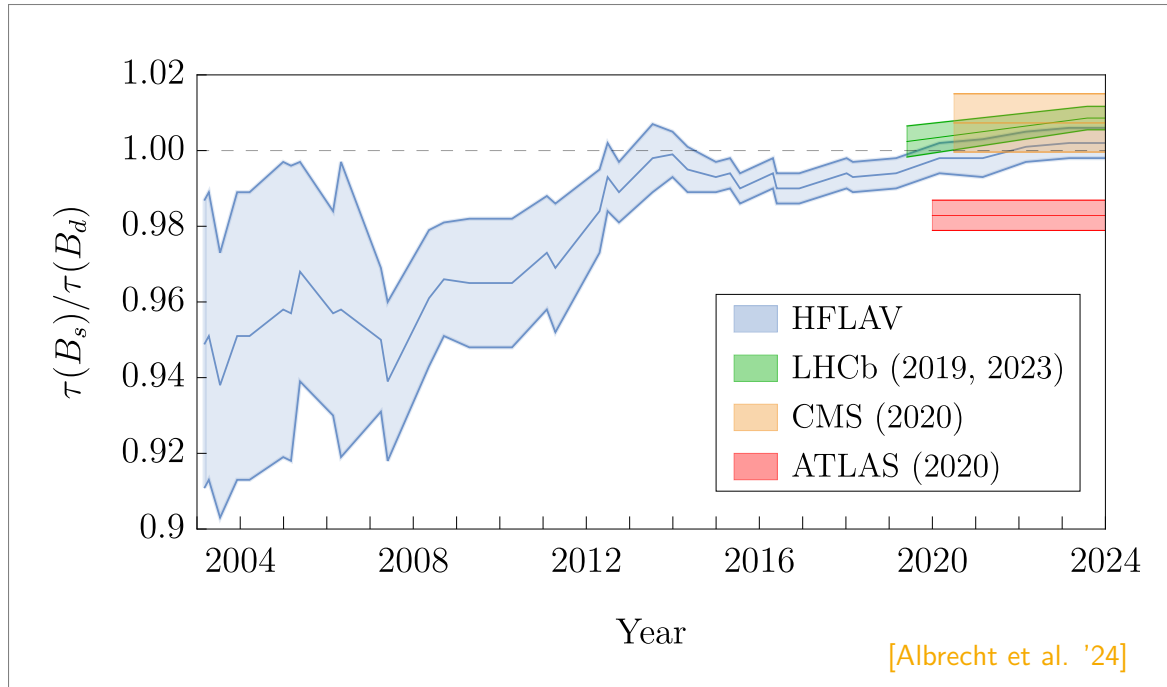
24th September, 2025



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Introduction

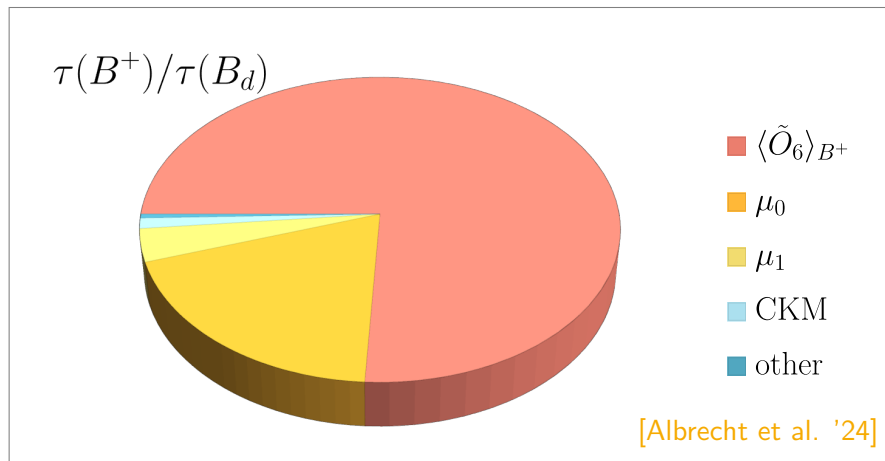
- B -meson lifetimes are measured experimentally to high precision
 - ➡ Key observables for probing New Physics ➡ **high precision in theory needed!**



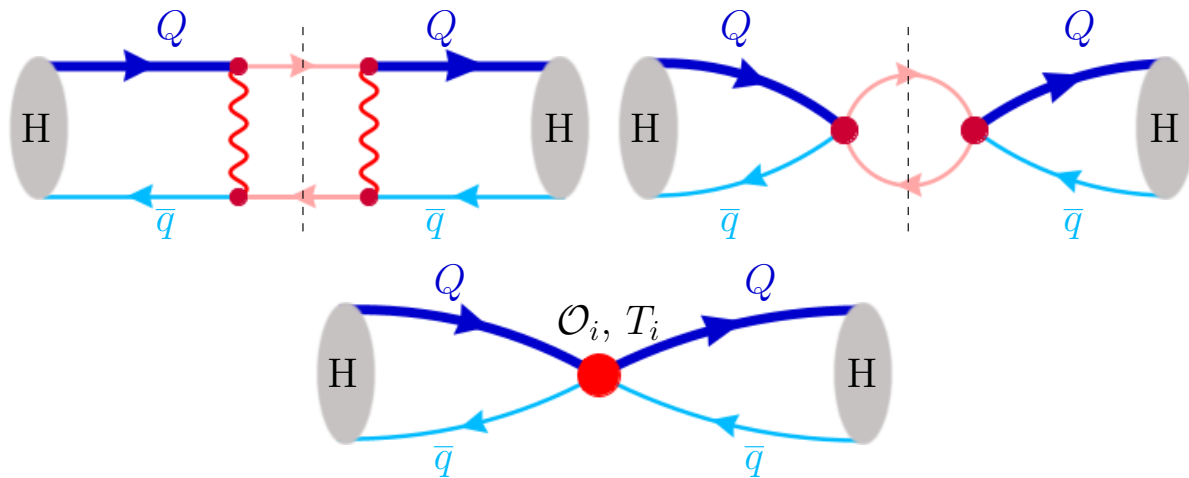
- For B lifetimes, we use the **Heavy Quark Expansion**

$$\Gamma(H_Q) = \Gamma_3 \langle \mathcal{O}_3 \rangle + \Gamma_5 \frac{\langle \mathcal{O}_5 \rangle}{m_Q^2} + \Gamma_6 \frac{\langle \mathcal{O}_6 \rangle}{m_Q^3} + \dots + 16\pi^2 \left[\tilde{\Gamma}_6 \frac{\langle \tilde{\mathcal{O}}_6 \rangle}{m_Q^3} + \tilde{\Gamma}_7 \frac{\langle \tilde{\mathcal{O}}_7 \rangle}{m_Q^4} + \dots \right]$$

- $\langle \tilde{\mathcal{O}}_6 \rangle$ are leading uncertainties for B lifetime differences

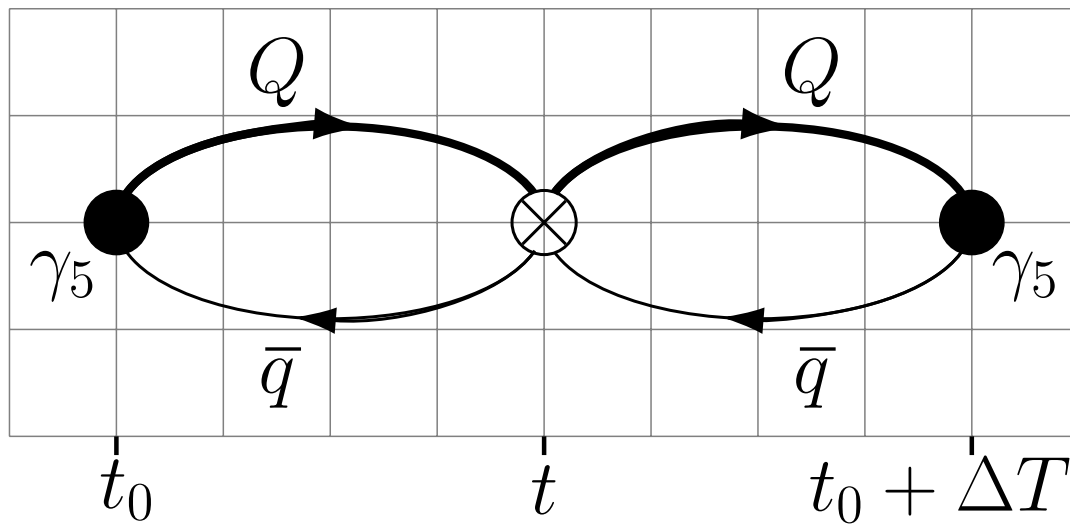


- Matrix elements of four-quark operators can be determined from lattice QCD simulations
- $\Delta Q = 2$ well-studied by several groups $\Rightarrow$ precision increasing
 - ➡ Preliminary $\Delta K = 2$ for Kaon mixing with gradient flow [Suzuki et al. '20], [Taniguchi, Lattice '19]
- $\Delta Q = 0 \Rightarrow$ exploratory studies from ~ 20 years ago



► Start of calculation follows similar to operators for neutral meson mixing

➡ Well-established on lattice!

 H_Q  $\langle \mathcal{O}_6 \rangle$  H_Q

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But

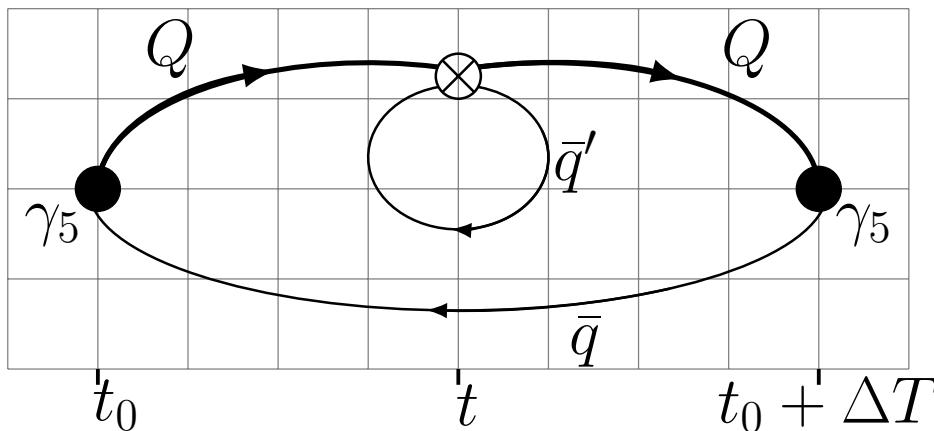
- Gluon-disconnected diagrams

- 'Eye' diagrams

Statistically very noisy

➡ Modern computing speed and algorithms can help! ✓

Not yet included
in lattice simulation
or matching



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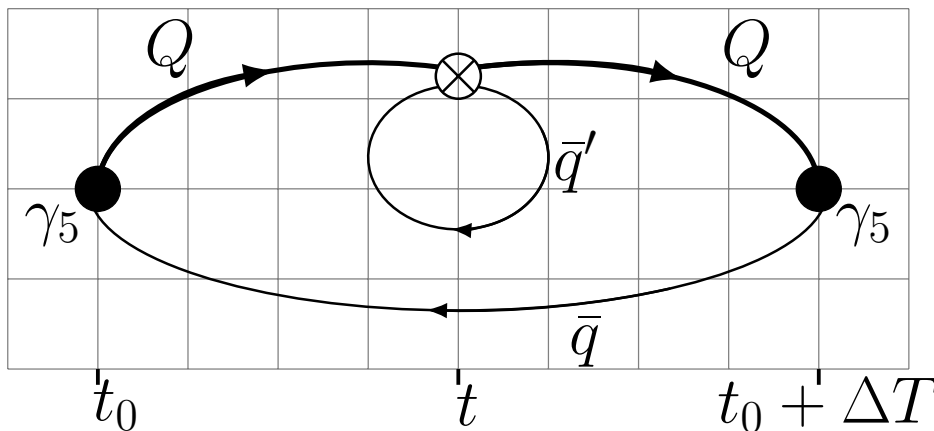
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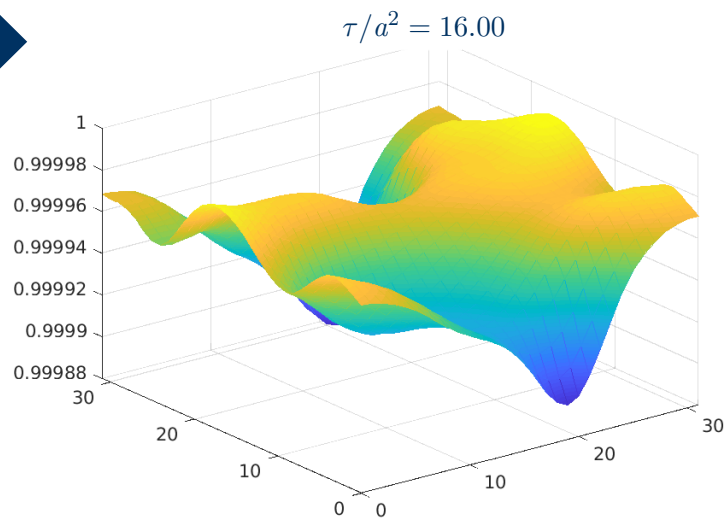
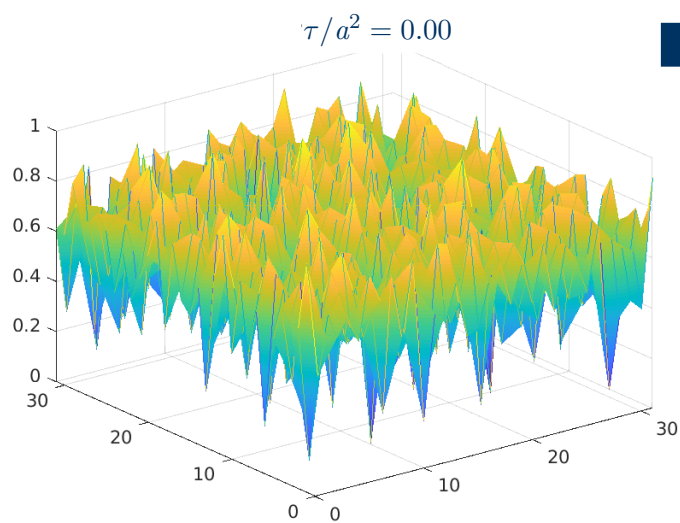
- Mixing with lower-dimensional operators in renormalisation

- Power divergent ➤ Notoriously challenging

How can we tackle this?

Gradient Flow

- Introduced by [Narayanan, Neuberger '06] [Lüscher '10] [Lüscher '13]
 - ➡ Scale setting ($\sqrt{8t_0}$), RG β -function, Λ parameter
- Introduce auxiliary dimension, **flow time** τ as a way to regularise the UV
- Well-defined damping of UV fluctuations



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 - ➡ Scale setting ($\sqrt{8t_0}$), RG β -function, Λ parameter
- Introduce auxiliary dimension, **flow time** τ as a way to regularise the UV
- Well-defined damping of UV fluctuations
- Extend gauge and fermion fields in flow time and express dependence with first-order differential equations:

$$\begin{aligned}\partial_t B_\mu(\tau, x) &= \mathcal{D}_\nu(\tau) G_{\nu\mu}(\tau, x), & B_\mu(0, x) &= A_\mu(x), \\ \partial_t \chi(\tau, x) &= \mathcal{D}^2(\tau) \chi(\tau, x), & \chi(0, x) &= q(x).\end{aligned}$$

- For use in renormalisation, there are two concepts:
 - ➡ Gradient flow as an RG transformation [Carosso et al. '18] [Harlander et al. '20] [Hasenfratz et al. '22]
 - ➡ Short-flow-time expansion [Lüscher, Weisz '11] [Suzuki '13], [Lüscher '13]

- Well-studied for e.g. energy-momentum tensor [Makino, Suzuki '14] [Harlander, Kluth, Lange '18] quark masses [Takaura et al. '25] [Black et al. '25]
- Re-express effective Hamiltonian in terms of 'flowed' operators:

$$\mathcal{H}_{\text{eff}} = \sum_n C_n \mathcal{O}_n = \sum_n \tilde{C}_n(\tau) \tilde{\mathcal{O}}_n(\tau).$$

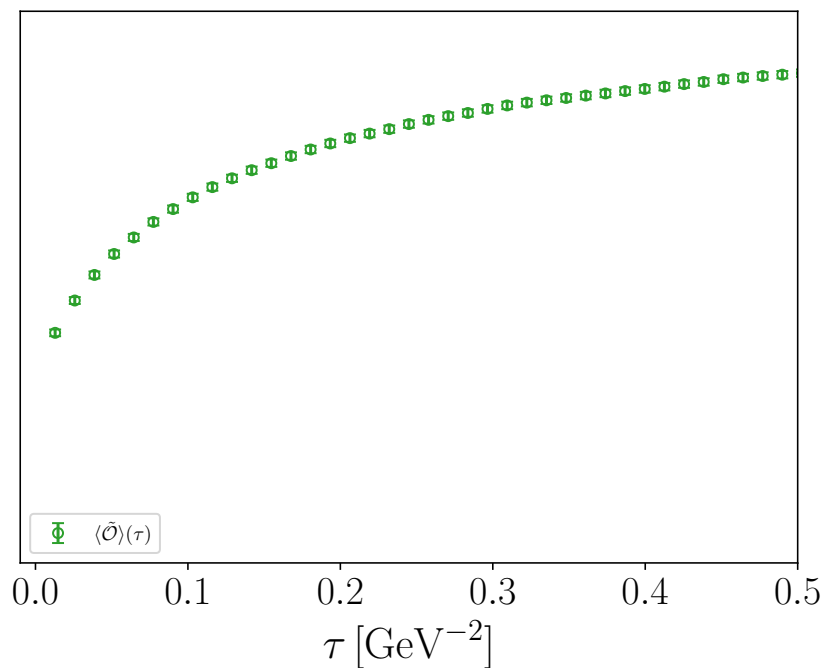
- Relate to regular operators in 'short-flow-time expansion':

$$\tilde{\mathcal{O}}_n(\tau) = \sum_m \zeta_{nm}(\tau) \mathcal{O}_m + O(\tau)$$

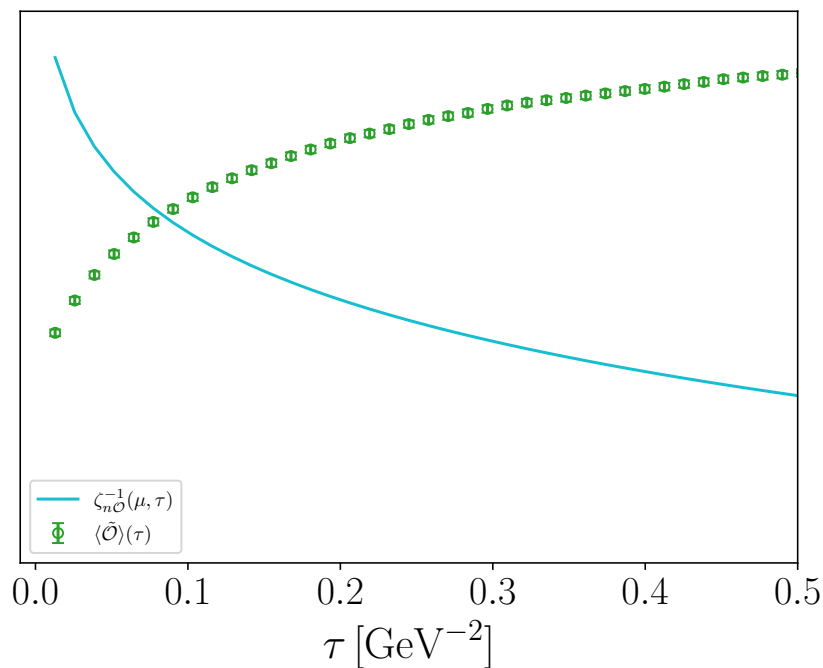
'flowed' MEs calculated on lattice
renormalised along flow time

matching matrix
calculated perturbatively

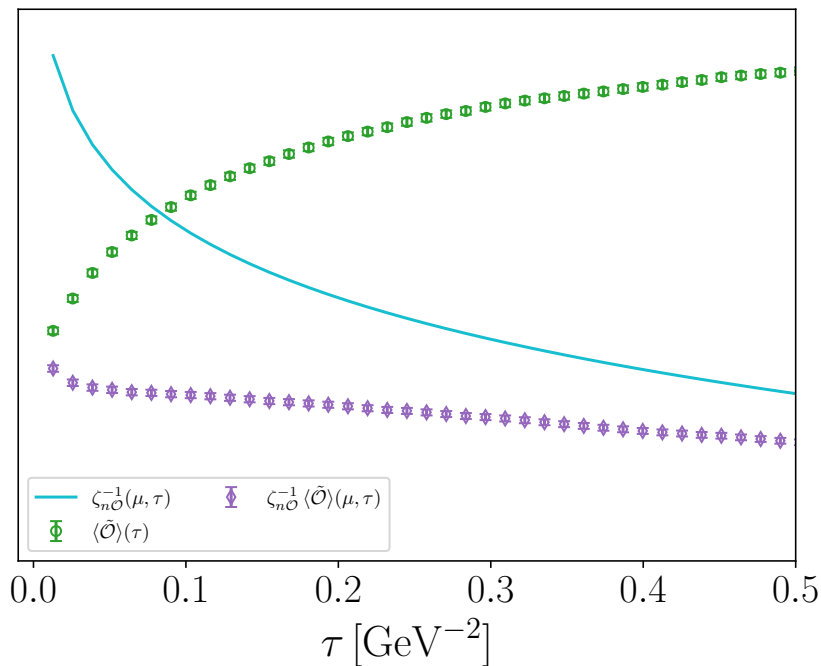
$$\sum_n \zeta_{nm}^{-1}(\mu, \tau) \langle \tilde{\mathcal{O}}_n \rangle(\tau) = \langle \mathcal{O}_m \rangle(\mu)$$



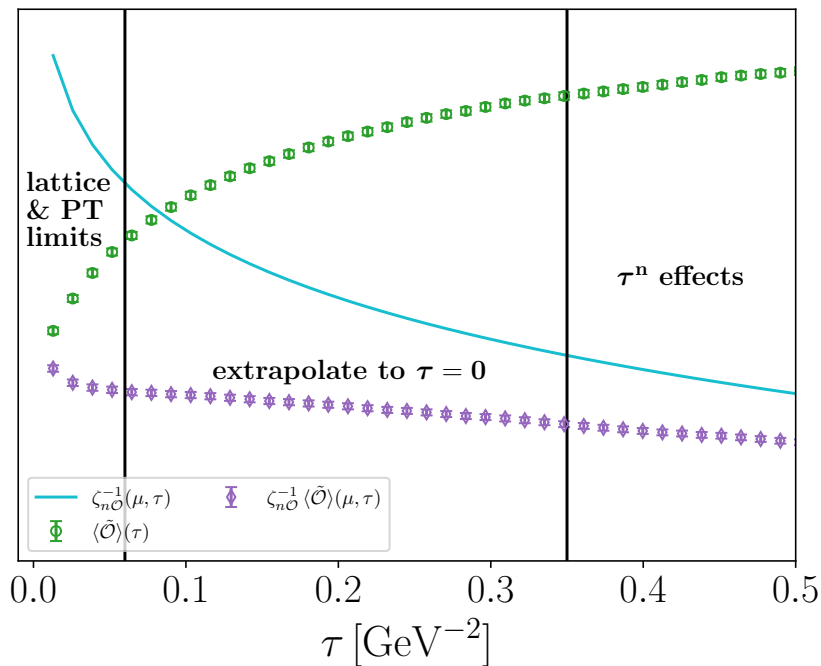
- Measure flowed matrix element $\langle \mathcal{O} \rangle(\tau)$ on the lattice



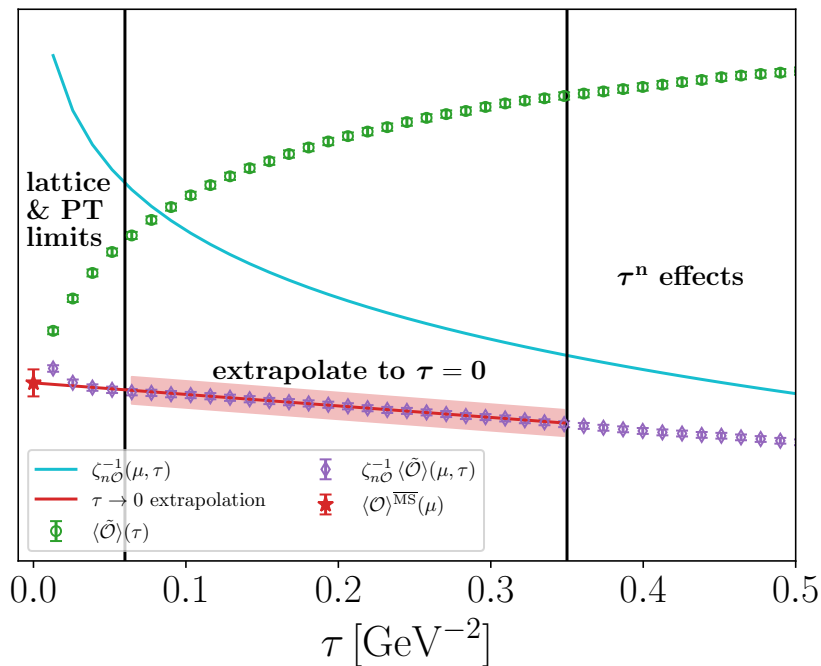
- Calculate perturbative matching coefficients $\zeta_{n\mathcal{O}}^{-1}(\mu, \tau)$



- Combine for 'matched' operator dependent on flow time τ and renormalisation scale μ



► Larger systematic effects at extremities



► Take $\tau \rightarrow 0$ result $\Rightarrow \langle \mathcal{O} \rangle^{\overline{\text{MS}}}(\mu)$

Lattice Details

- Exploratory setup using physical charm and strange quarks
 - ➡ $\Delta B = 0, 2 \Rightarrow \Delta Q = 0, 2$, for generic heavy quark Q
- Exploratory study to test method ➡ neglect expensive+noisy eye diagrams

- We use RBC/UKQCD's 2+1 flavour DWF + Iwasaki gauge action ensembles

	L	T	a^{-1}/GeV	am_l^{sea}	am_s^{sea}	M_π/MeV	$\text{srcs} \times N_{\text{conf}}$
C1	24	64	1.7848	0.005	0.040	340	32×101
C2	24	64	1.7848	0.010	0.040	433	32×101
M1	32	64	2.3833	0.004	0.030	302	32×79
M2	32	64	2.3833	0.006	0.030	362	32×89
M3	32	64	2.3833	0.008	0.030	411	32×68
F1S	48	96	2.785	0.002144	0.02144	267	24×98

[Allton et al. '08]
 [Aoki et al. '10]
 [Blum et al. '14]
 [Boyle et al. '17]

- For strange quarks tuned to physical value, $am_q \ll 1$ ✓
- For heavy b quarks, $am_q > 1 \Rightarrow$ large discretisation effects ✗
 - ➡ manageable for physical c quarks using stout-smear Möbius DWF [Cho et. al '15]

Analysis and Results

- In the Standard Model, four operators contribute:

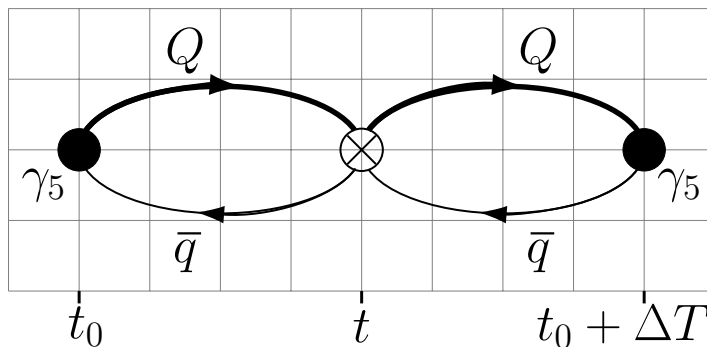
$$\mathcal{O}_1 \rightarrow B_1 \sim 1$$

$$\mathcal{O}_2 \rightarrow B_2 \sim 1$$

$$T_1 \rightarrow \epsilon_1 \sim 0$$

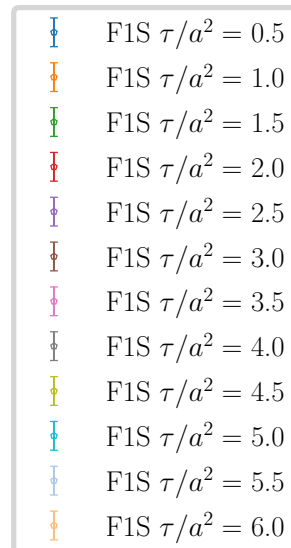
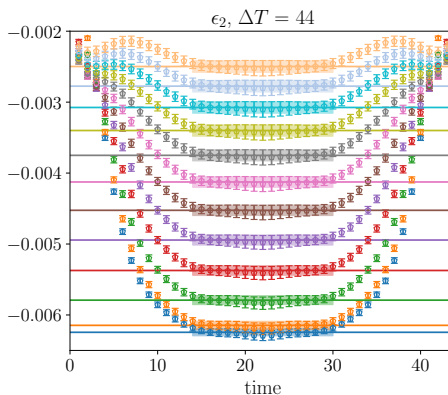
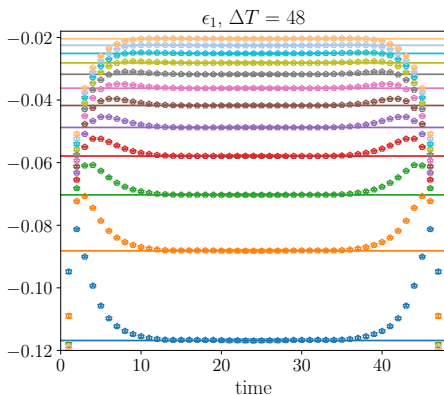
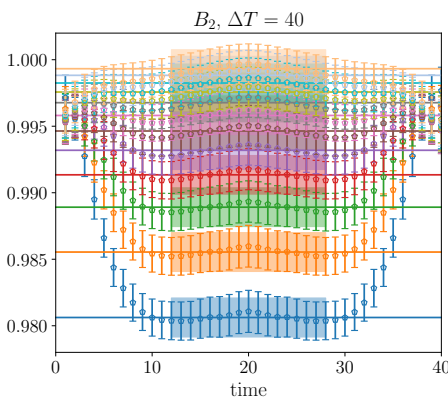
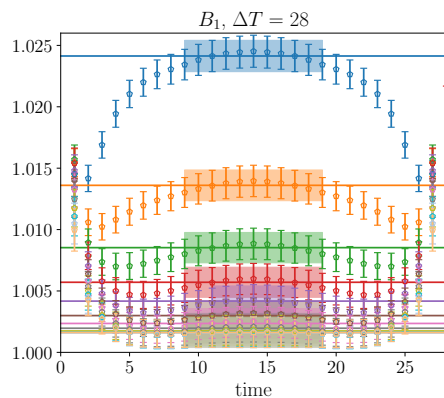
$$T_2 \rightarrow \epsilon_2 \sim 0$$

- Four-quark operators inserted in three-point correlation functions:

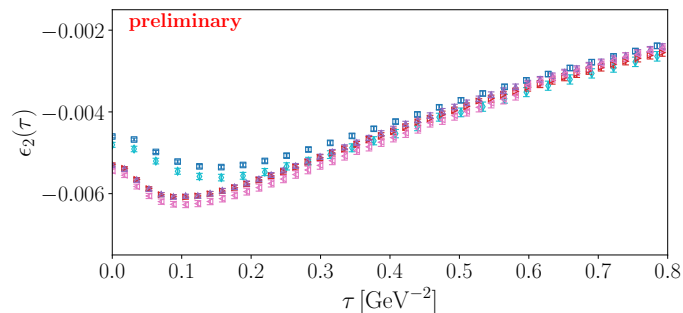
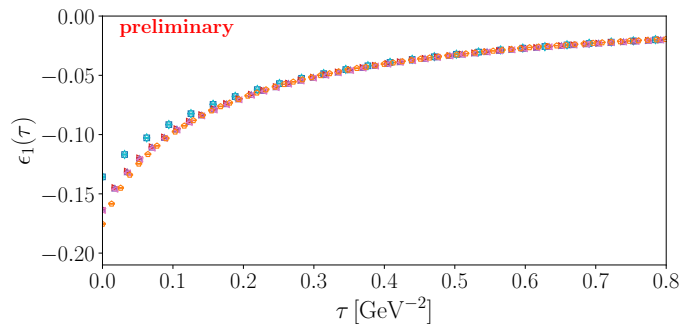
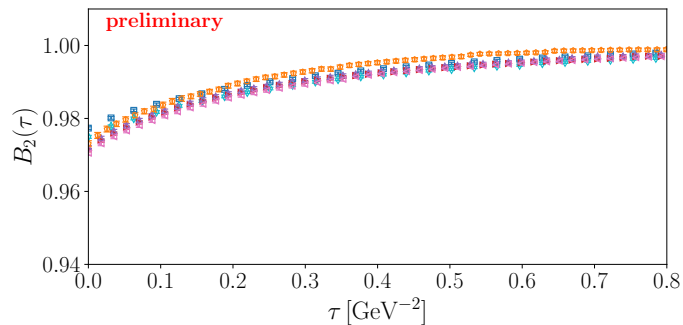
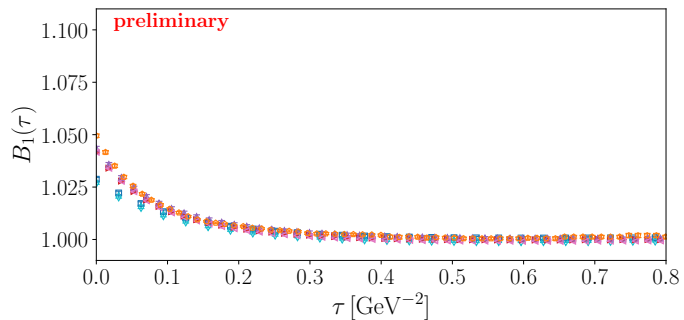


$$C_{\mathcal{O}_i}^{\text{3pt}}(t, \Delta T, \tau) = \sum_{n, n'} \frac{\langle P_n | \mathcal{O}_i | P_{n'} \rangle(\tau)}{4M_n M_{n'}} e^{-(\Delta T - t)M_n} e^{-tM_{n'}} \xRightarrow[t_0 \ll t \ll t_0 + \Delta T]{} \frac{\langle P \rangle^2}{4M^2} \langle \mathcal{O}_i \rangle(\tau) e^{-\Delta T M}$$

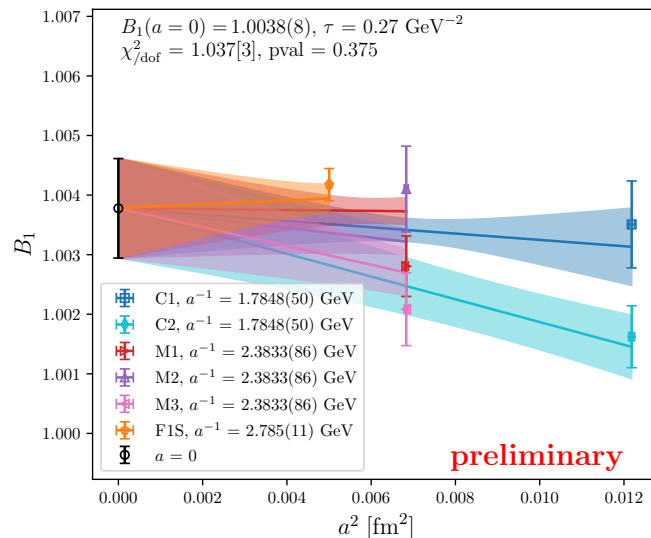
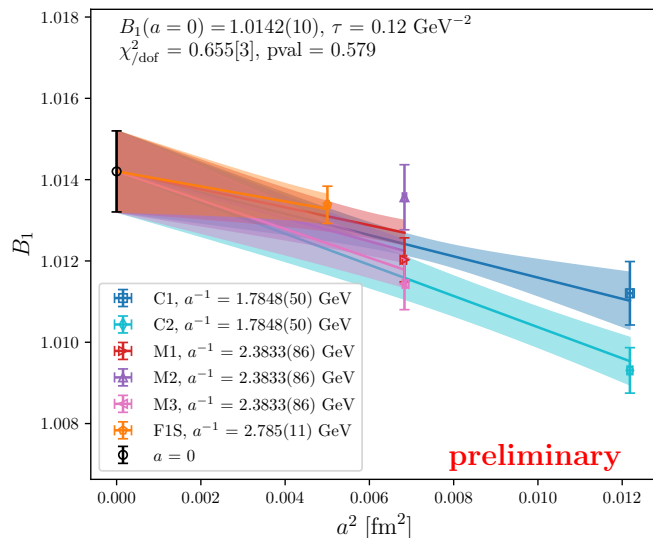
- To extract bag parameters, normalise with two-point correlation functions $\rightarrow B_i \propto \frac{\langle \mathcal{O}_i \rangle}{m^2 f_H^2}$



► Matrix elements extracted for each flow time ✓

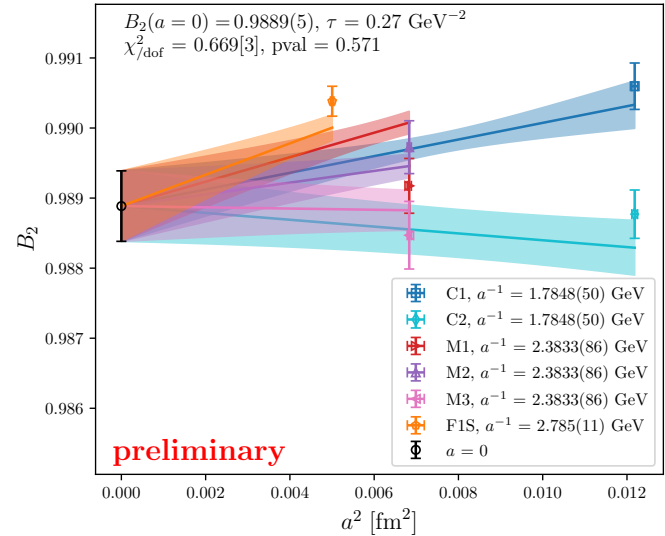
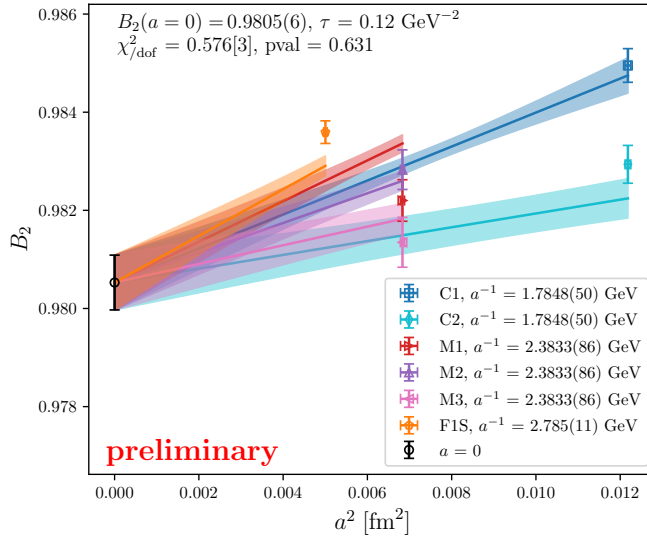


► Take continuum limit!



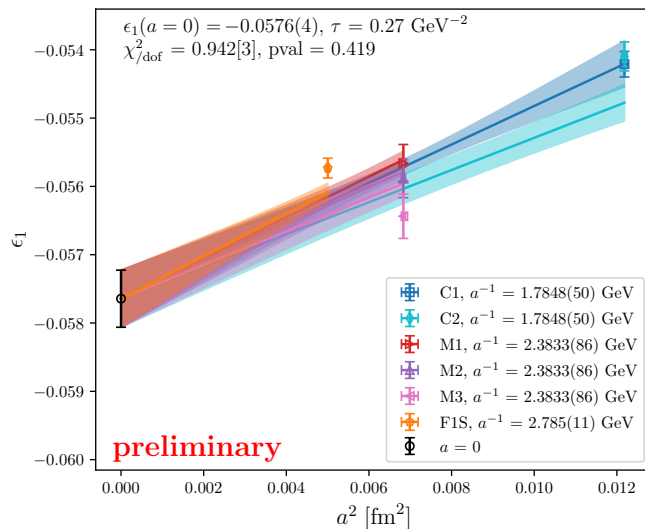
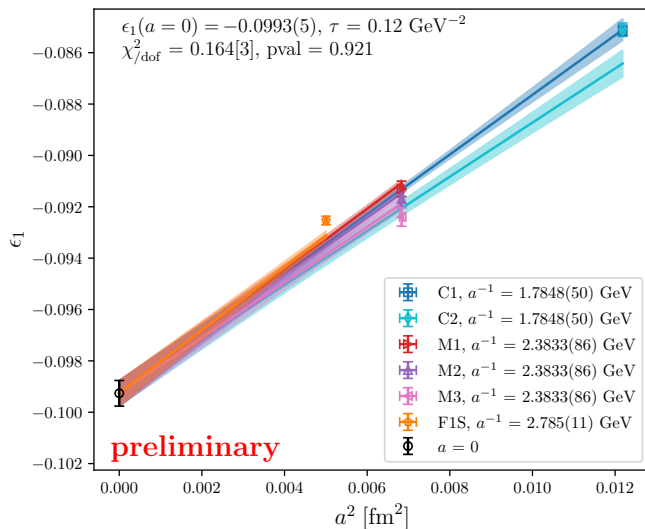
► Highly precise data resolves sea quark effects ➔ chiral-continuum limits

$$B_i^{\text{GF}}(a, M_\pi^{\text{latt}}, \tau) = B_i^{\text{GF,cont}}(\tau) + C a^2 + D a^2 \left[(M_\pi^{\text{latt}})^2 - (M_\pi^{\text{phys}})^2 \right]$$



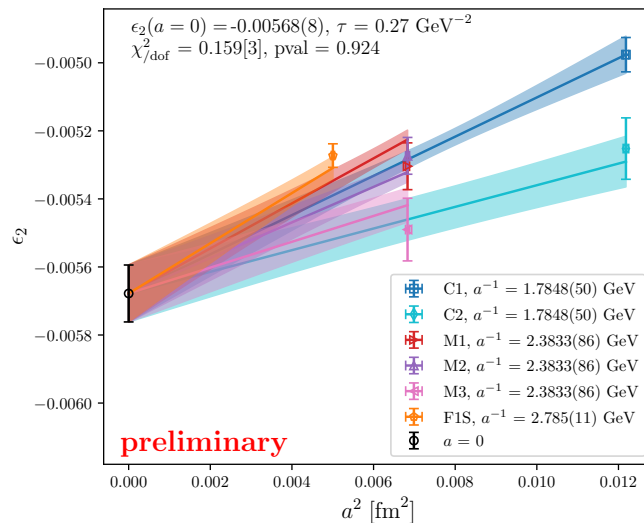
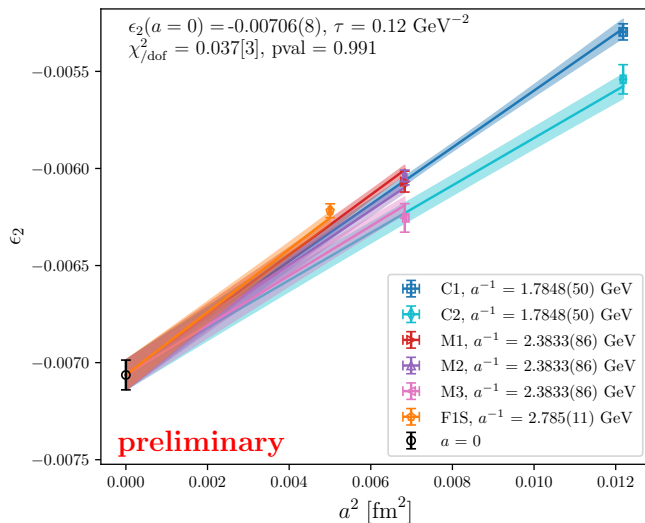
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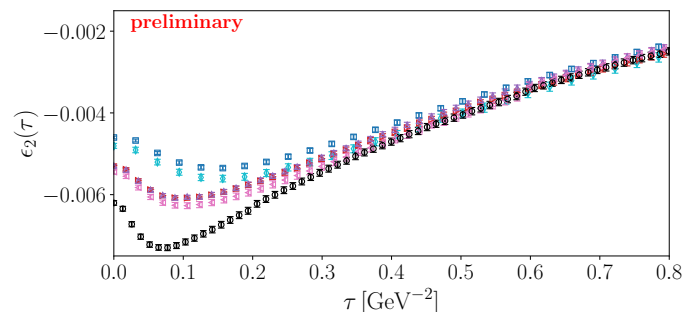
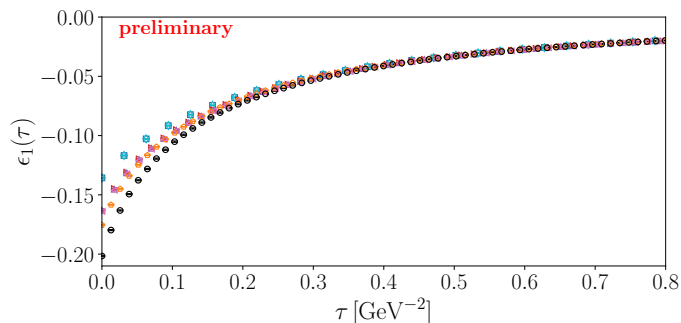
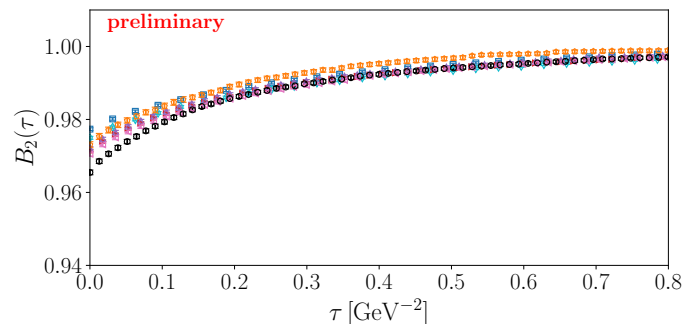
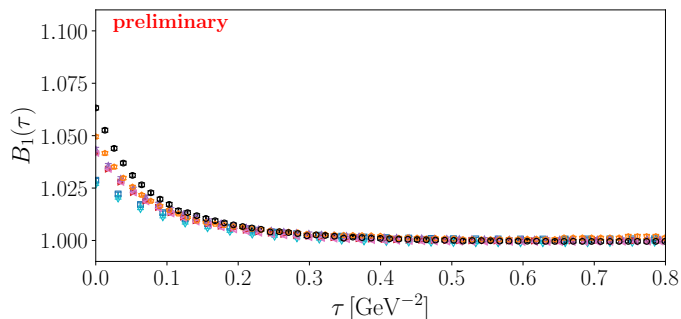
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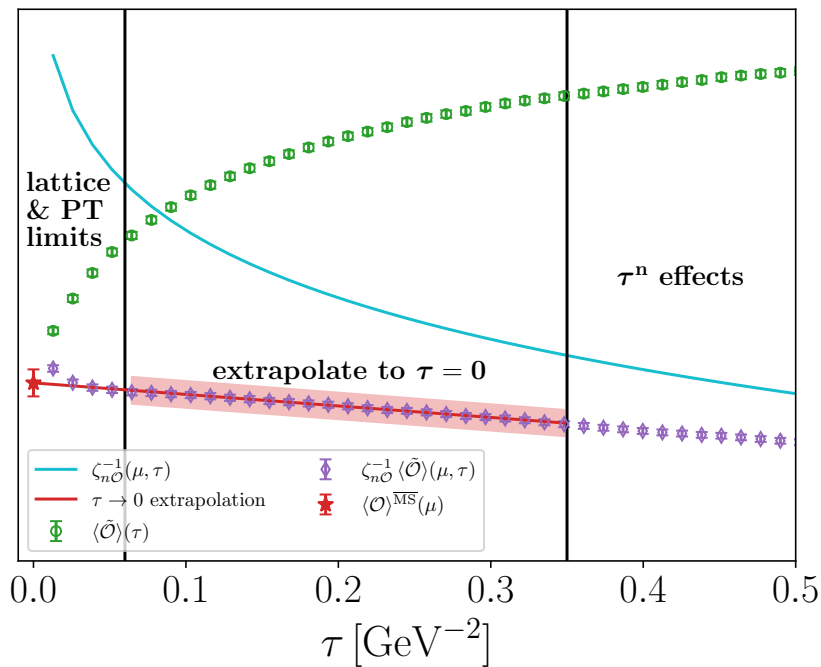


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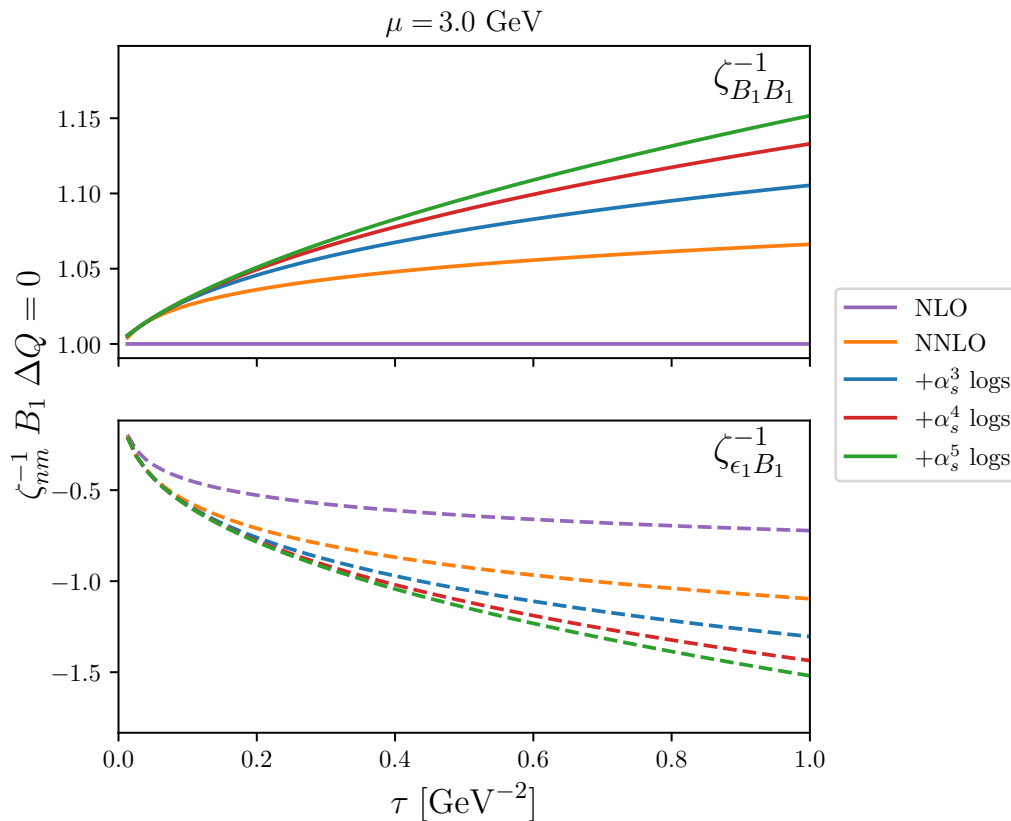
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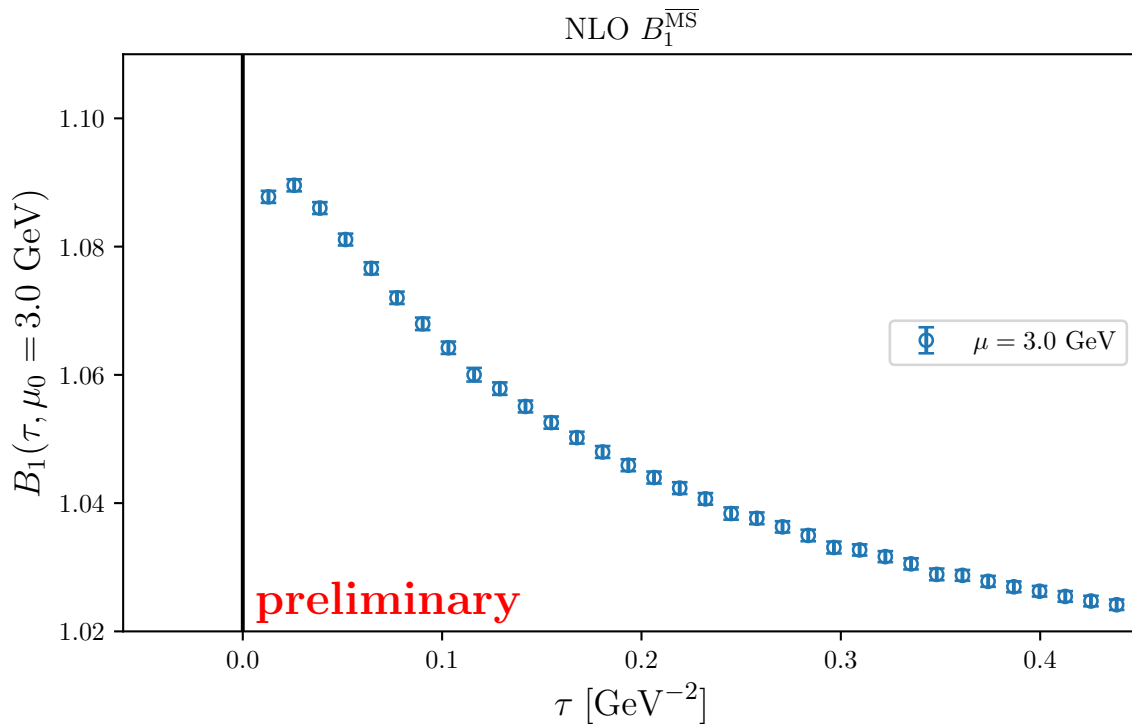
► Well-controlled chiral-continuum limits along flow time ✓



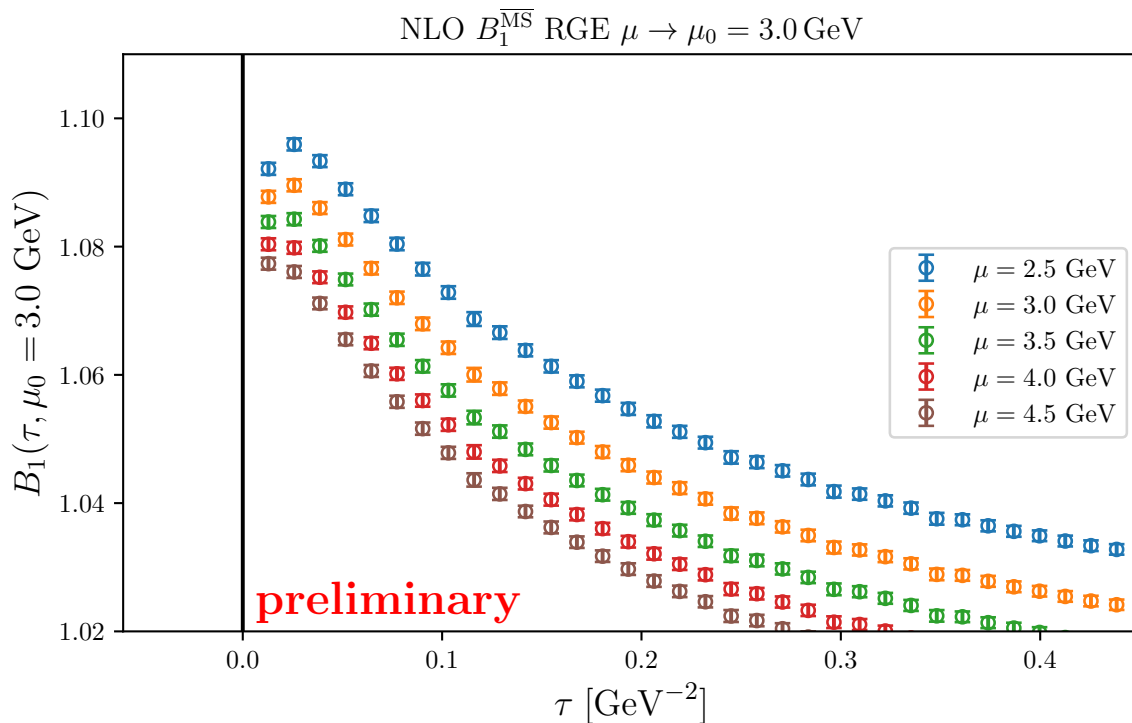
- Combine continuum limits of lattice data with perturbative matching coefficients $\zeta_{nm}^{-1}(\mu, \tau)$



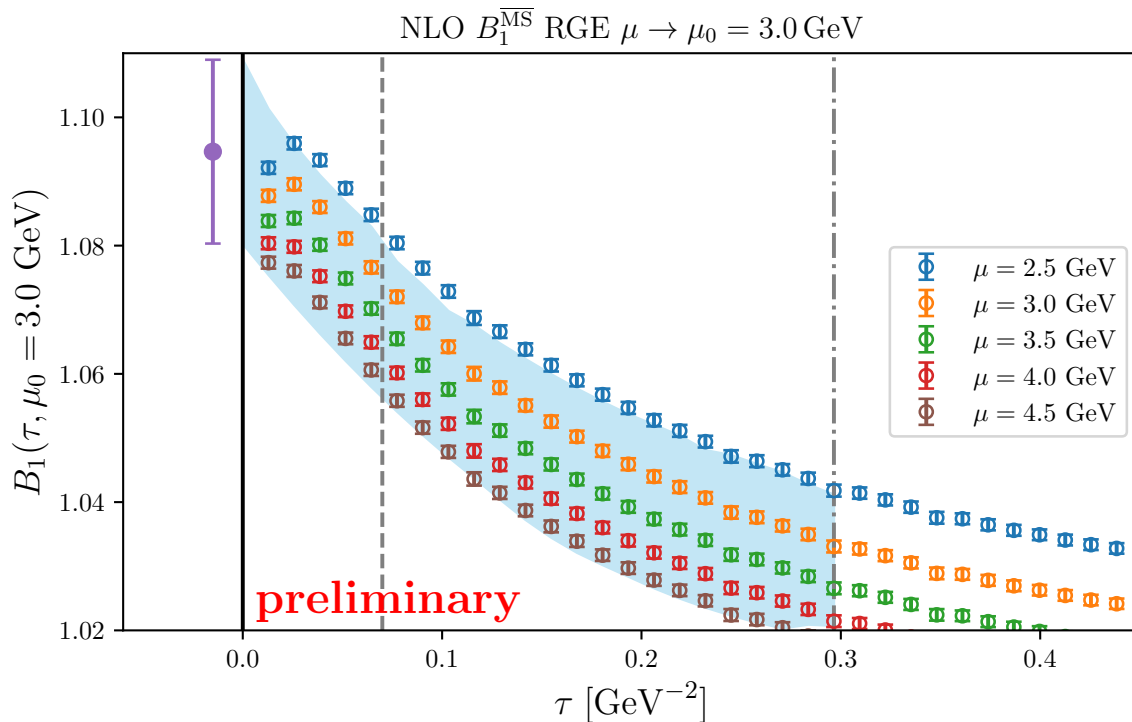
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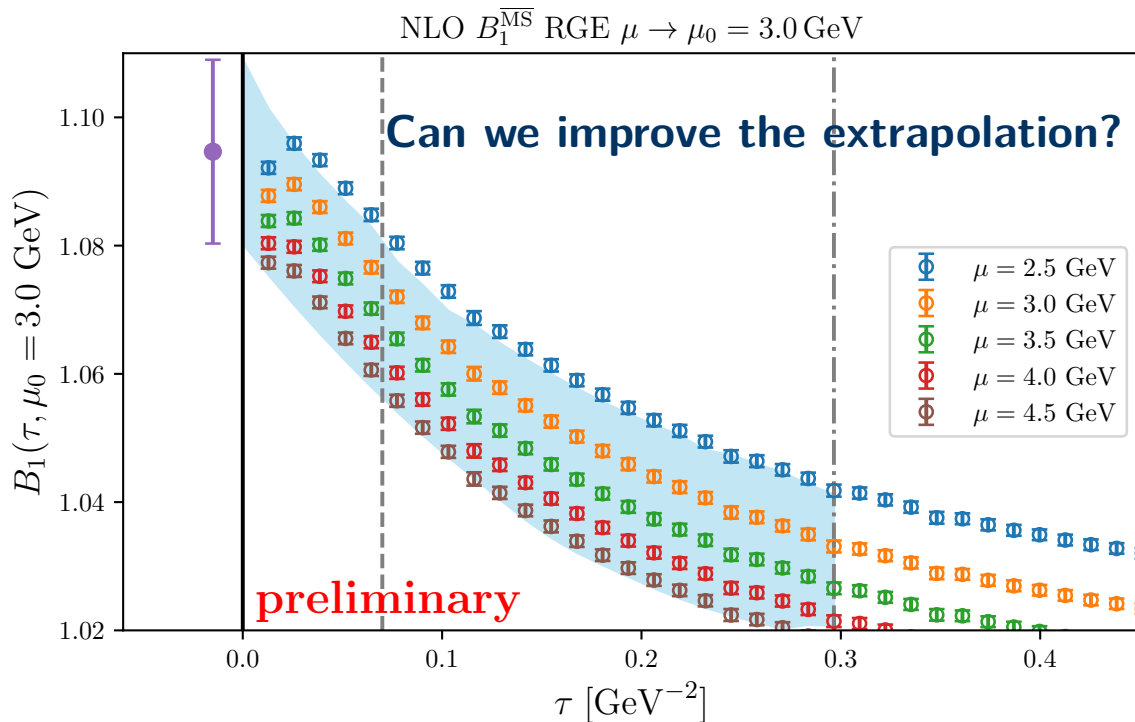
- Matching can be done for any scale $\mu \rightarrow \mu_0 = 3.0 \text{ GeV}$ for final results



- $\tau \rightarrow 0$ limit should be RG-independent ➔ perform combined fits to better control extrapolation
- ➡ Final result takes spread of all acceptable fits performed between $\tau_{\min}$ and $\tau_{\max}$



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- We can RG-improve the matching procedure using the flow-time RGE:

$$\tau \partial_\tau \tilde{\mathcal{O}}(\tau) = \tilde{\gamma}(a_s(\mu), L_{\mu\tau}) \tilde{\mathcal{O}}(\tau),$$

for a flowed anomalous dimension

$$\tilde{\gamma}(a_s(\mu), L_{\mu\tau}) = (\tau \partial_\tau \zeta(\tau, \mu)) \zeta^{-1}(\tau, \mu).$$

- Define a perturbative flow time coupled to renormalisation scale μ :

$$\tau_\mu = e^{-\gamma_E} / 2\mu^2$$

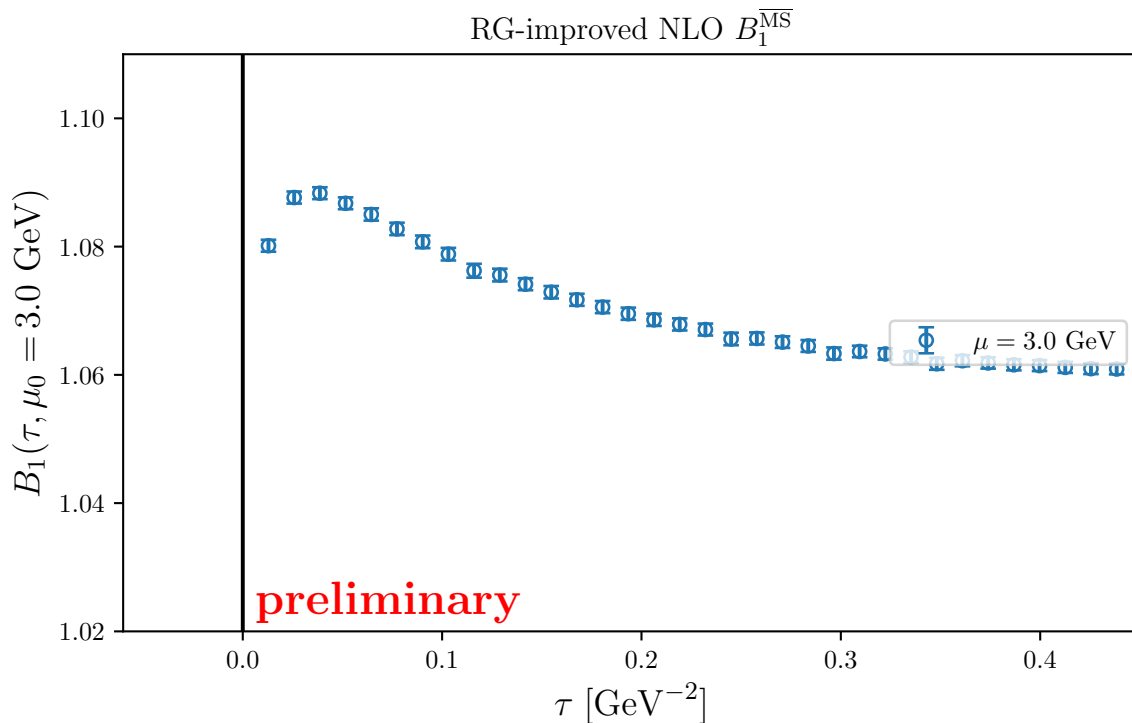
- Integrating the RGE from any lattice flow time τ to τ_μ will yield 'RG-improved' matched results

$$\mathcal{O}(\mu) = \zeta^{-1}(\tau_\mu, \mu) \exp \left[\int_\tau^{\tau_\mu} d\tau \tilde{\gamma}(a_s(\mu), L) \right] \tilde{\mathcal{O}}(\tau)$$

- Should decrease slope of fixed-order matching results and improve convergence of short-flow-time expansion
- Use perturbative flowed anomalous dimension at NLO and NNLO
 - ➡ could also calculate $\tilde{\gamma}$ non-perturbatively [Hasenfratz et. al, '22]

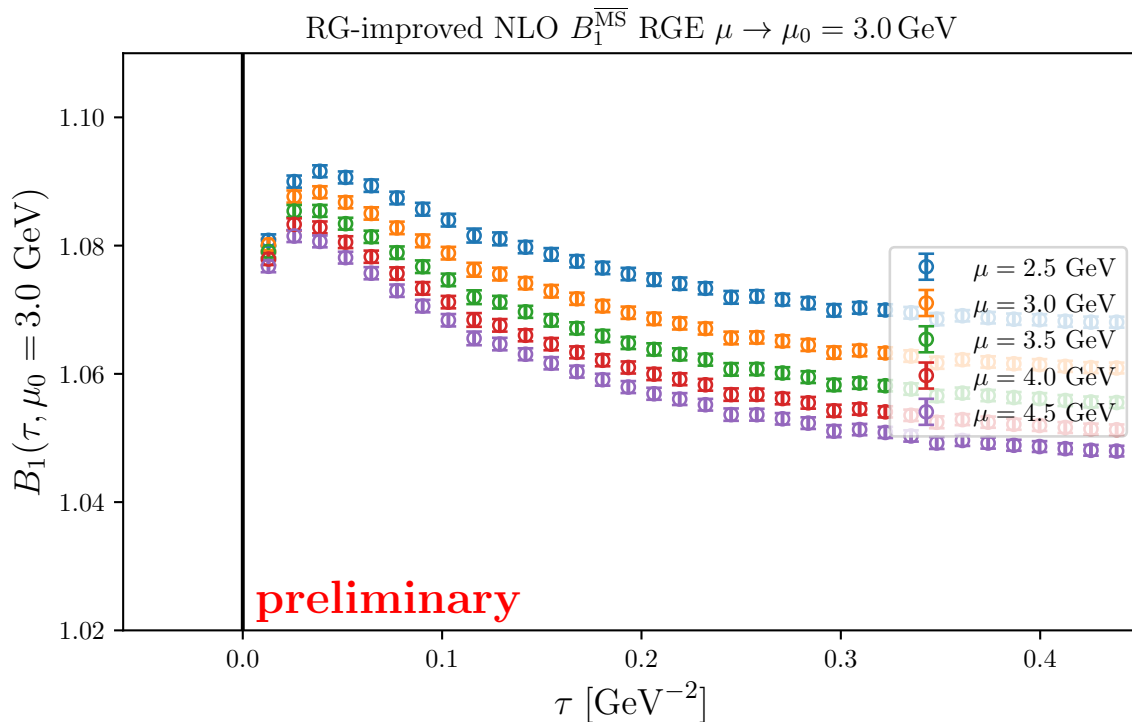
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↳ now all same steps apply as before with “flatter data”



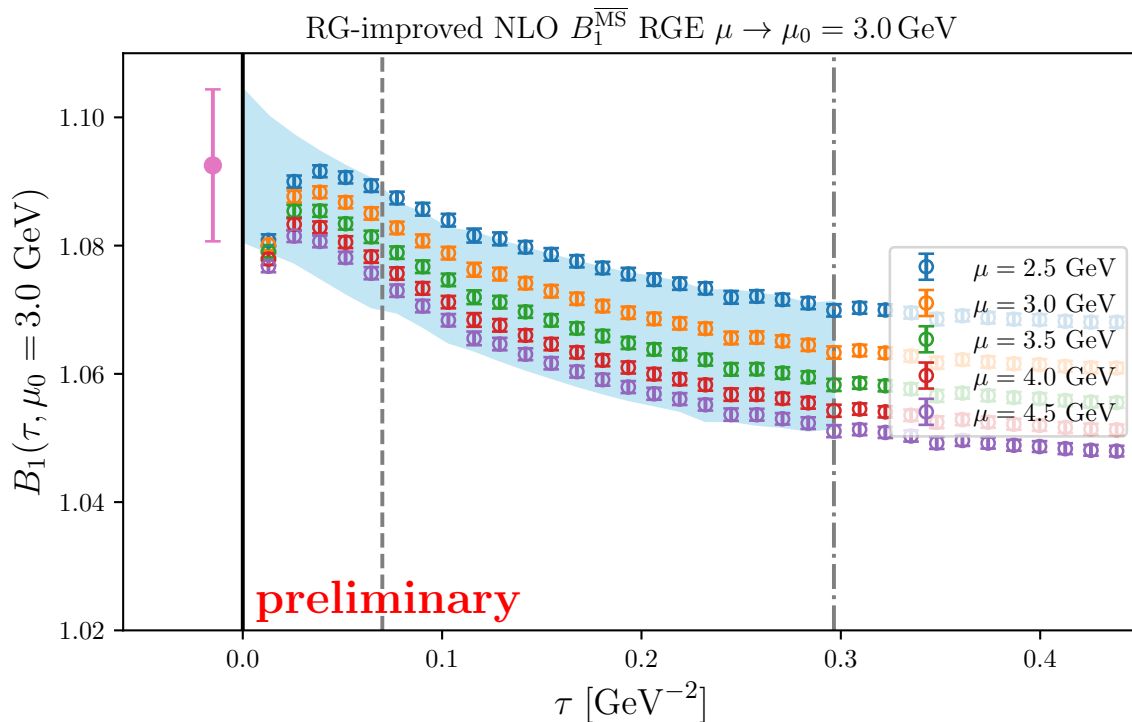
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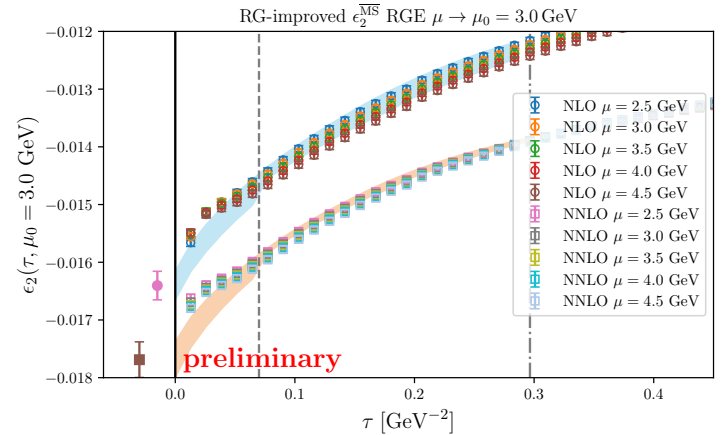
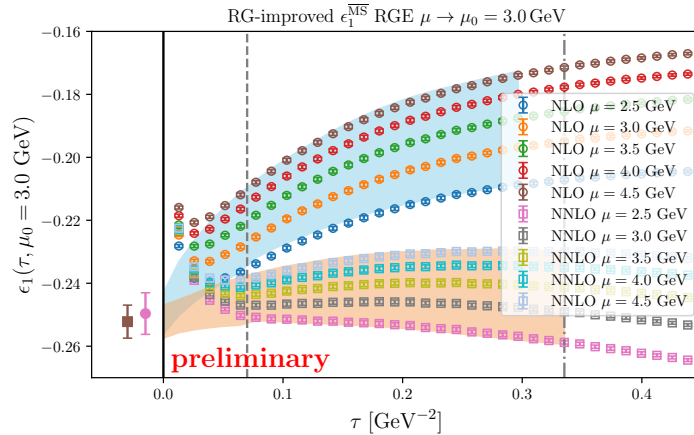
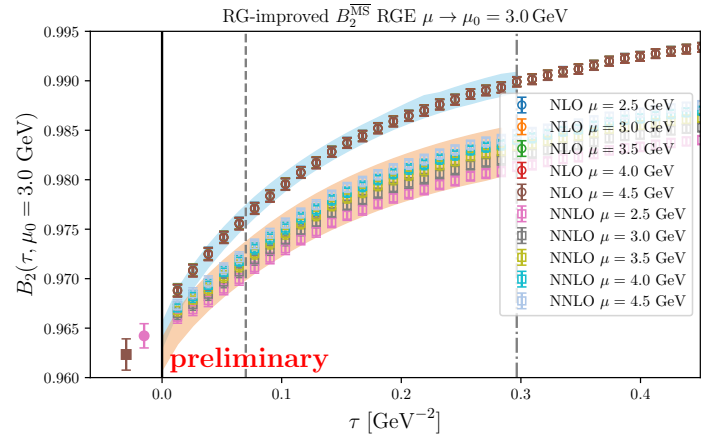
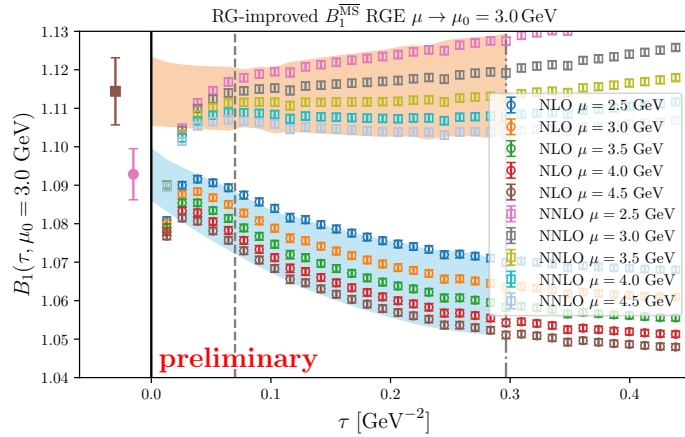
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Summary

- Finalising first lattice calculation of $\Delta Q = 0$ matrix elements for heavy meson lifetime ratios
- Gradient flow and short-flow-time expansion is an effective tool for renormalisation and matching
 - ➡ Proof of principle calculation of charm and strange quark masses [Black et al. '25]
- Scale dependence of short-flow-time expansion can be studied in detail

Outlook

- Perform large-scale simulations to extrapolate to B and B_s mesons
- 'Eye' diagrams need for absolute lifetime operators
 - ➡ to be included in both lattice simulations and perturbative matching

Thanks for the attention!

Backup Slides

► For lifetimes, the dimension-6 $\Delta Q = 0$ operators are:

$$\begin{aligned}
 \mathcal{O}_1^q &= \bar{b}^\alpha \gamma^\mu (1 - \gamma_5) q^\alpha \bar{q}^\beta \gamma_\mu (1 - \gamma_5) b^\beta, & \langle \mathcal{O}_1^q \rangle &= \langle B_q | \mathcal{O}_1^q | B_q \rangle = f_{B_q}^2 M_{B_q}^2 B_1^q, \\
 \mathcal{O}_2^q &= \bar{b}^\alpha (1 - \gamma_5) q^\alpha \bar{q}^\beta (1 - \gamma_5) b^\beta, & \langle \mathcal{O}_2^q \rangle &= \langle B_q | \mathcal{O}_2^q | B_q \rangle = \frac{M_{B_q}^2}{(m_b + m_q)^2} f_{B_q}^2 M_{B_q}^2 B_2^q, \\
 T_1^q &= \bar{b}^\alpha \gamma^\mu (1 - \gamma_5) (T^a)^{\alpha\beta} q^\beta \bar{q}^\gamma \gamma_\mu (1 - \gamma_5) (T^a)^{\gamma\delta} b^\delta, & \langle T_1^q \rangle &= \langle B_q | T_1^q | B_q \rangle = f_{B_q}^2 M_{B_q}^2 \epsilon_1^q, \\
 T_2^q &= \bar{b}^\alpha (1 - \gamma_5) (T^a)^{\alpha\beta} q^\beta \bar{q}^\gamma (1 - \gamma_5) (T^a)^{\gamma\delta} b^\delta, & \langle T_2^q \rangle &= \langle B_q | T_2^q | B_q \rangle = \frac{M_{B_q}^2}{(m_b + m_q)^2} f_{B_q}^2 M_{B_q}^2 \epsilon_2^q.
 \end{aligned}$$

► For simplicity of computation, we rewrite these to be colour-singlet operators:

$$\begin{aligned}
 \mathcal{O}_1 &= \bar{b}^\alpha \gamma_\mu (1 - \gamma_5) q^\alpha \bar{q}^\beta \gamma_\mu (1 - \gamma_5) b^\beta \\
 \mathcal{O}_2 &= \bar{b}^\alpha (1 - \gamma_5) q^\alpha \bar{q}^\beta (1 + \gamma_5) b^\beta \\
 \tau_1 &= \bar{b}^\alpha \gamma_\mu (1 - \gamma_5) b^\alpha \bar{q}^\beta \gamma_\mu (1 - \gamma_5) q^\beta \\
 \tau_2 &= \bar{b}^\alpha \gamma_\mu (1 + \gamma_5) b^\alpha \bar{q}^\beta \gamma_\mu (1 - \gamma_5) q^\beta
 \end{aligned}
 \quad
 \begin{pmatrix} \mathcal{O}_1^+ \\ \mathcal{O}_2^+ \\ T_1^+ \\ T_2^+ \end{pmatrix} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ -\frac{1}{2N_c} & 0 & -\frac{1}{2} & 0 \\ 0 & -\frac{1}{2N_c} & 0 & \frac{1}{4} \end{pmatrix} \begin{pmatrix} \mathcal{O}_1^+ \\ \mathcal{O}_2^+ \\ \tau_1^+ \\ \tau_2^+ \end{pmatrix}$$

